

WORKBOOK

VUKA FACILITATOR[®]

As the founder of the VUKA Facilitator® Program (trademark registered in Germany) my intention with this Workbook is to share my expertise about navigating the impacts of a VUCA World. The Workbook supplies a selection of scientifically based and proven approaches, methods and solutions for dealing with the effects of VUCA. It can be used as a stand-alone as well as a backup for the VUKA Facilitator® digital Program. It supports you with impulses and input to understand, think and act VUCA.

Wattraud Glasser

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INFORMATION ON THE VUKA FACILITATOR[®] LEARNING JOURNEY

E-Mail: info@waltraudglaeser.de https://vuca-world.org/vuca-facilitator/

The Purpose of this Workbook:

It supports you with impulses and input to understand, think and act VUCA.

As a VUCA expert, I want you to encourage, empower and enable you to gain context-competency and see through different perspectives when it comes to navigate the VUCA waves. Based on the VUCA Positive Prime you will get impulses and inputs as effective support for your individual roadmap for a VUCA World.

Once you have worked through the Workbook, ... you know what VUCA means and you can classify the VUCA phenomena. you have a better assessment of the individual impact of VUCA in your context. you know the so-called VUCA Positive Prime and you are able to create your own positive substitutions.

you have learned about different approaches, solutions and methods that facilitate the constructive handling of VUCA. you find answers for your own use cases and situations that you want to deal with VUCA positively.

you will belong to a community that says, "Luckily it's just VUCA!"

I wish you good insights and a lot of fun by working through this Workbook.



The world is volatile, uncertain, complex and ambiguous - we have been reading and experiencing this for decades. What exactly is hidden behind the acronym VUCA is at the same time very individual and more than ever context-dependent. We take a closer look at the VUCA phenomena, classify them in a practicable way and, above all, offer you a first space for a personal classification.



VUCA Transformation
Simon Sagmeister / Reza Razavi
2:42 Min
https://youtu.be/9jd4tq_mwlM

Which VUCA phenomena do I experience in my private and/or work environment?

Volatility

high speed, rapidly changing, instable, fluctuating

Uncertainty

difficult to predict, uncertain course

Complexity

multiple parts, high interconnectivity, difficult to delineate

Ambiguity

divergent perspectives, difficult to assess, unclear, ambiguous

VUCA GAP ANALYSIS

(adapted from "creative commons, vuca-tools.com")

Whether a situation is experienced as overwhelming or not is not only related to the characteristics of the situation, but of course also to one's own skills. The following overview makes it possible to evaluate the requirements of the situation (0-5) and the corresponding skills needed (0-5; 1 = low; 5 = high; 0 = low not applicable). From this, the differences (gaps) can be read and corresponding priorities derived.

Explanation	VUCA situation	Examples Rating (please fill in)
	The situation in your organization includes many dynamic aspects. The changes can fluctuate strongly. Large jumps and falls of the variable values are possible.	0 1 2 3 4 5
	Future development is difficult to predict. Numerous different scenarios are conceivable as to how the situation will develop. It is unclear what effect one's own actions will have on the situation.	0 1 2 3 4 5
	 (Structural) Complexity The situation has countless aspects, elements and levels. The elements are highly interconnected. The subject is difficult to delineate internally and externally. 	0 1 2 3 4 5
	 Ambiguity The situation is ambiguous. Different observers describe it clearly differently. It is difficult to evaluate the situation. 	0 1 2 3 4 5

Explanation	VUCA - related skills	Examples (please fill in)	Ratin
	We can cope well with many and violent changes and fluctuations. We are sufficiently fast and nimble to react to changes.		0 1 2 3 4 5
	We are good at dealing with situations that are difficult to predict and plan for. We are flexible and can deal well with surprises. We learn quickly and can correct mistakes quickly.		0 1 2 3 4 5
	We can handle high detail complexity well. We maintain an overview even with a large number of elements and contexts.		0 1 2 3 4 5
	Ambiguity Skills We can deal with situations that are difficult to describe and defy clear description. We can deal with different points of view and interpretations.		0 1 2 3 4 5

(0-5; 1 = low; 5 = high; 0 = not relevant)

by Dr. David Rock. Brain at work

Interpersonal problems could be reduced if we developed a better understanding of some of the most basic needs of the human brain. In addition to the needs for food, water, shelter and a sense of safety and security, there are "social needs" which, if we fail to meet them, can create a sense of threat, which in turn creates conflict.

Our brain needs social contacts and a feeling of security and safety. The feeling of fairness is a driving force for many behaviours. Social status is also a need and a requested feeling that should not be underestimated.

Research in the field of Positive Psychology concluded that there is only one experience in life that increases an individual's sense of happiness over a long period of time: the quality and quantity of their social relationships.

Conclusions of the Theory behind the SCARF Model

So, social issues are extremely important for the brain. Scientists even assume that social needs belong in the category of primary rewards and primary threats and are therefore of utmost importance for our survival. The brain automatically classifies any situation as a possible reward or possible threat.

Our social environment is extremely important for our everyday life. Research shows that four out of five processes that take place in the background, while our brain is actually at rest, concern thoughts about others and ourselves. It is therefore not surprising that we react very sensitively to signals from our environment and interpret them. This in turn often leads to misunderstandings. If these signals are missing, the frequent reaction to them is mistrust, because an important need is not served, which in turn can lead to uncertainty.

The meaning of the SCARF elements

Status

Our brain unconsciously works constantly to maintain our status. A high sense of status can help us process more information, including complicated ideas, with less effort than a low sense of status. The desire to increase one's status drives people to great achievements and leads to tremendous endurance and tolerance. As with all other primary needs, the threat response sets in much faster and more intensively than the feeling of reward. To be socially excluded, to be classified as "less" is very painful. Feeling "not OK" is perceived as a loss of status. Many conflicts in working life ground in the status issue.

Certainty

The brain longs for certainty. The feeling of facing an uncertain future or having no control over events triggers a strong reaction of the limbic system (= important part of the brain for feelings, memories and motivation).

Autonomy

Autonomy is very similar to security, both are closely interwoven. Loss of control is often perceived as "loss of impact", i.e. the inability to actively influence results.

Autonomy is an important driver of reward or threat. The perceived choice or control is also crucial. For example, stress that appears to be controllable has less of an effect on the organism than that to which one feels powerless. The feeling of self-determination is an important driving force for action. Those who can choose feel less threatened by loss of autonomy and insecurity and can reassess the situation by changing their perspective.

Relatedness

The sense of belonging is the brain's primary reward, while lack of belonging is perceived as a primary threat. The feeling of belonging, of positive connectedness with others, is a basic human need, similar to eating and drinking. The brain automatically classifies any situation as a possible reward or threat. It does the same with people and unconsciously decides whether a person is friend or foe.

Fairness

Fairness is a primary need for the brain. A feeling of fairness and justice can evoke a strong reward reaction, and the feeling of injustice accordingly triggers a threatening reaction (which can last for days!). The tendency to favour equality and resist unfair outcomes is deeply rooted in most people. A confident approach to the issue of fairness makes it easier and more effortless to achieve goals. Fairness research sees the feeling of fair treatment as an important aspect of intrinsic motivation.

Element	Prevention of the threat	Support of the reward / appreciation
Status The relative importance compared to others	Introduction of feedback processes, no negative feedback, instead expressing wishes for behavioural change, reducing and prioritising tasks in times of overload	Focus on positive feedback, giving great attention, jointly identifying learning fields and accompanying learning processes. Acceptance in so-called status groups and creating solidarity, e.g. participation in certain meetings of the TOP management, presentation in board meetings.
Certainty Being able to foresee the future	Provide clarity about the job/role and future prospects, what is expected of the individual and what can be expected of him/her	Proactive and open communication on the current situation, communicate plans of next steps with an end date.
Autonomy How much control do I have over the events	Giving freedom and promoting teamwork, avoiding micromanagement and driving according to objectives. Giving choices, e.g. in case of job loss.	Involving employees in the change process and letting them help develop the future. Delegate responsibility.
Relatedness The relationship with others - Friend or foe?	Stay close to the employees and do not delegate responsibility, such as performance reviews and team meetings, to strangers (HR, consultants).	Team events, taking time for the team and listening. Have individual conversations or work in small groups, which creates a sense of solidarity.
Fairness The perception of a fair Exchange	Communicate and practice roles and responsibilities clearly.	Living transparent processes and defining clear rules that everyone can follow. Communicate rules and reward positive behaviour.

Element	Action or behaviour	Reward	or	Threat
Status The relative importance compared to others		•		•
Certainty Being able to foresee the future		•		•
Autonomy How much control do I have over the events		•		•
Relatedness The relationship with others - Friend or foe?		•		•
Fairness The perception of a fair Exchange		•		•



David Rock on the SCARF Model 3:04 Min.

https://youtu.be/5Wu33SdjeCs

- Pick an individual
- Use the SCARF lens to scan for potential threats or rewards for this individual based on your current understanding of them and their work context



Element	Threats/Rewards?	Actions
Status		
The relative importance compared to others		
Certainty		
Concerns being able to predict the future		
Autonomy		
How much control we have over events		
Relatedness		
The relationships with others – friend or foe?		
Fairness		
The perception of a fair exchange		

THE GROW MODEL AS A STRUCTURE TOOL

The GROW Model is a powerful tool and structure, mostly used in the context of Performance Management Coaching. In this Workbook it will be the structure to work with your own use cases.

What is your Goal? How is your Reality? What are the Obstacles as well as your Objectives? What do you want to achieve and should be your Way Forward?

Goal

Current Reality

Options

Will / Way Forward



Sir John Whitmore on GROW Model coaching 1:12 Min https://youtu.be/iyCroYn3Zr8

You will find this template after each of the next four sections that substitute the original VUCA phenomenon into positive approaches, methods and solutions.

GROW

What is your **G**oal? How is your **R**eality? What are the **O**bstacles as well as your **O**bjectives? What do you want to achieve and should be your **W**ay Forward?

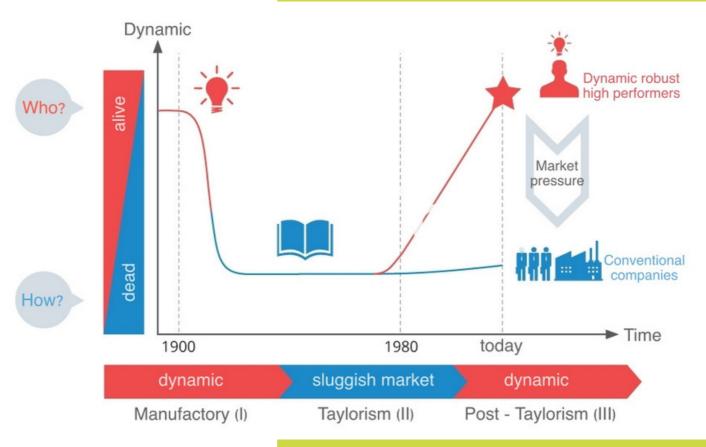
Goal	Current Reality
Options	Will / Way Forward



What is volatile, i.e. mobile and dynamic on one hand, requires clear ideas and visions for the personal handling of it on the other hand.

Let's substitute the original Volatility into Vision. The following impulses and inputs will support you!

THE TAYLOR TUB



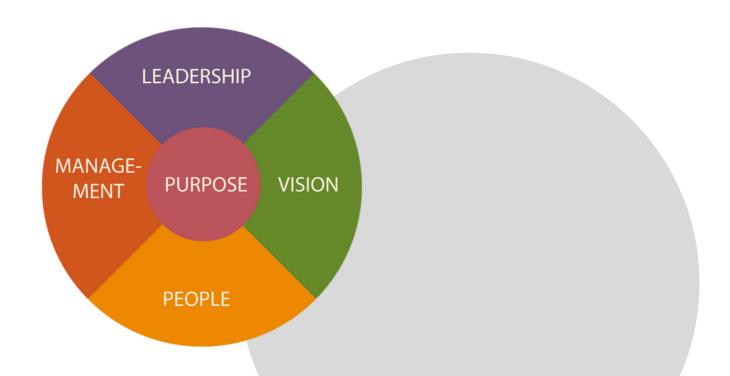
Representation according to Gerhard Wohland



Taylorism explained 1:13 Min https://youtu.be/6wKwQodt1Pg

ORGANIZATIONAL COMPASS

according to Birgitt Williams, Genuine Contact (TM)



Meaning: What does our organization stand for?

Leadership: Which values do lead our way?

What do we take responsibility for?

Vision/Strategy/Goals: What is our vision for the future of the organization?

What path will lead us there?

What are our short-, medium- and long-term goals?

Community: What groups of people support us in fulfilling our tasks?

Management: What structures and processes help us, to fulfill our tasks? What resources do we need?

Relationships: How do we maintain relationships with the groups of people who are important for our tasks?

Check with help of the Organizational Compass:

Is the meaning / purpose shared by all? (Identity, mission)

Does leadership exemplify what it demands? (Value culture, role model, appreciation, credibility)

Is there a common vision / strategy / objective? (Guiding principles, strategic goals)

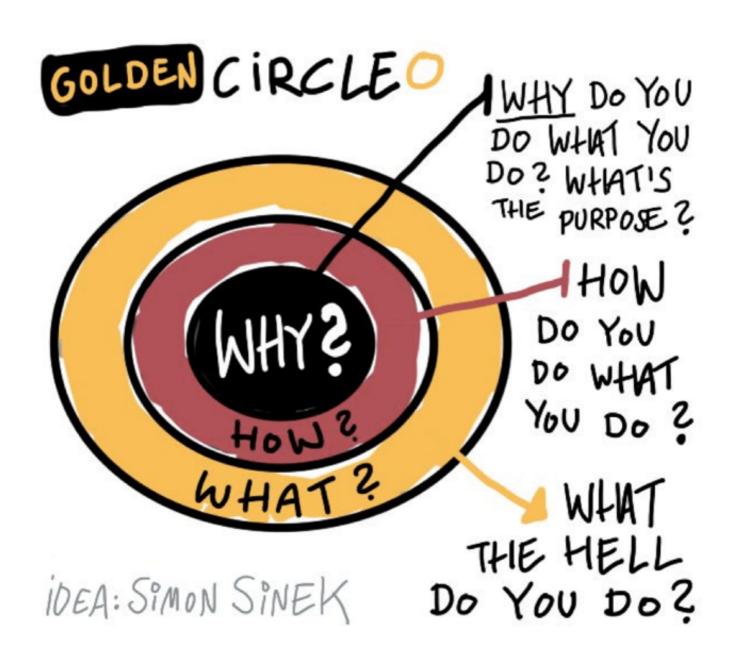
Is there an overarching community understanding? (People/groups, relationships, view inside/internal and outside/external)

Are the structures / processes / procedures helpful & clear to all? (Structures, processes, functions, physical means, operational goals)

How open is the internal handling of information?

How is the relationship management with all important environments and stakeholders?

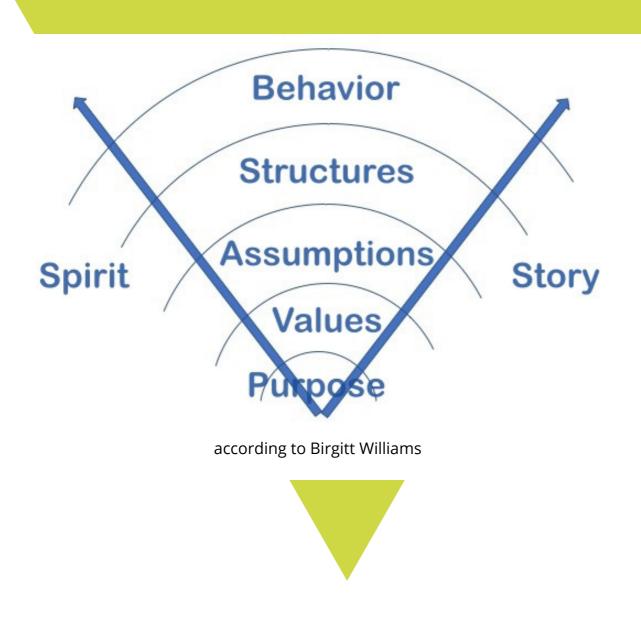
Start with WHY!





How I Discovered the Golden Circle Simon Sinek 2:27 Min https://youtu.be/GaGsw1MFgk8

Effects from the depth of the organization

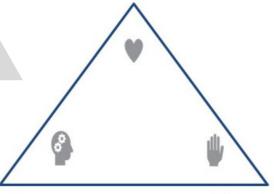


The Coherence Model

according to Aaron Antonovsky

Purpose

- What is it worthwhile for?
- · What is it meaningful for?
- · What is meaningful for?
- · Why should I get involved?
- What's in for me (you)?

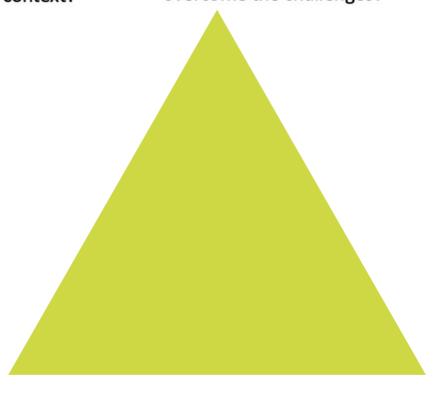


Comprehensibility

- Do I understand what is happening?
- Do I understand the context?

Manageability

- Am I able to solve this?
- Do I have ways to overcome the challenges?



GROW

What is your **G**oal? How is your **R**eality? What are the **O**bstacles as well as your **O**bjectives? What do you want to achieve and should be your **W**ay Forward?

Goal	Current Reality
Options	Will / Way Forward



It is about dealing with uncertainty and the classification of information from a dynamic environment. After all, it is the thoughts that are decisive for how we deal with external influences. Turning the "U" into an understanding is the first active step towards conscious self-control.

Let's substitute the original Uncertainty into Understanding. The following impulses and inputs will support you!

Holistic approach

by Birgitt Williams

We are still influenced by a "mechanistic view" from times of industrialization, which fragments work steps, separates craft work from mental work or even body and mind. This attitude causes simple, causal explanations and a rather rigid thinking in black- and-white/right-wrong patterns.

An "either-or" principle prevails here, which provides under-complex and unsatisfactory answers for the complex challenges of our time and even more so under the conditions of VUCA.

In contrast, there is a holistic view that understands people and organizations as a whole and includes the "observer" as an influencing factor. By this networked thinking can emerge, which offers a systemic-holistic approach for sustainable solutions.

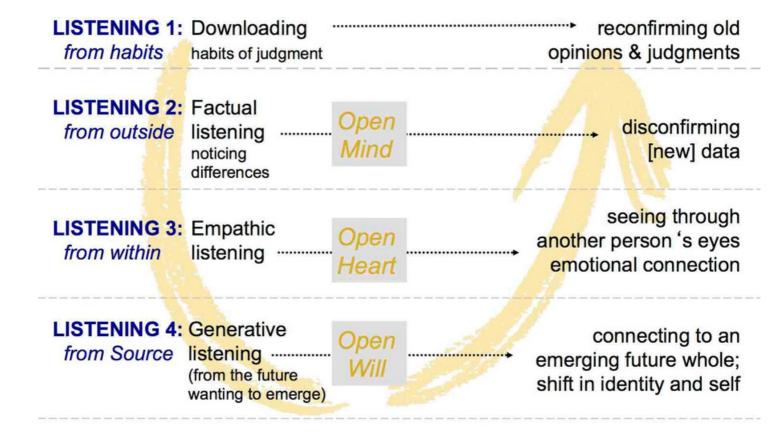


Holistic facilitation according to Birgitt Williams allows to look at the human being in their wholeness. The real, authentic contact to oneself and to others succeeds when all four levels of consciousness are considered and nourished.

A little reflection: How alive and present do you experience the individual levels of consciousness in yourself at the moment? Which level is particularly well cared for? Which level is rather neglected? Where could you still grow?

The four levels of listening according to Theory U

Source: Presencing Institute & Otto Scharmer





Otto Scharmer on the four levels of listening 8:25 Min https://youtu.be/eLfXpRkVZaI

Psychological Safety

Psychological Safety is a concept according to Amy Emondson (2004). It describes necessary conditions in e.g. a team, under which individuals feel safe from the consequences of interpersonal risks at work.

It is the confidence that no one will be exposed, rejected, or punished by the team for speaking out. Psychological Safety is closely linked to the issues of trust, respect and mutual appreciation.

This diagram measures the relationships between motivation/accountability and psychological safety, and how it effects the efficiency of the team:

Accountability for Meeting Demanding Goals

P		LOW	HIGH
s y c h o l o g i	H _ G H	Comfort zone Employees really enjoy working with one another but don't feel particularly challenged. Nor do they work very hard. Some family businesses and small consultancies fall into this quadrant.	Learning zone Here the focus is on collaboration and learning in the service of high-performance outcomes. The hospitals described in this article fall into this quadrant.
c a I S a f e t	L 0 &	Apathy zone Employees tend to be apathic and spend their time jockeying for position. Typical organizations in this quadrant are large, top-heavy bureaucracies, where people fulfill their functions but the preferred modus operandi is to curry favor rather than to share ideas.	Anxiety zone Such firms are breeding grounds for anxiety. People fear to offer tentative ideas, try new things, or ask colleagues for help, even though they know great work requires all three. Some investment banks and high-powered consultancies fall into this quadrant.

From "the fearless organization – Creating Psychological Safety in the Workplace for Learning, Innovation and Growth" - Amy Edmondson

How do you rate psychological safety in your work context?

Here are a few relevant questions to check and determine the level of psychological safety in your own context/team/organization:

	agree	disagree
If you make a mistake in a team, you are usually		
not held against you.		
Members of this team are able to address		
problems and difficult issues.		
People on this team never reject others because		
they are different.		
It's safe to take a risk on this team.		
It is easy to ask other members of this team for		
help.		
No one on this team would intentionally act in a		
way that undermines my efforts.		
Working with members of this team, my unique		
skills and talents are valued and utilized.		



The Importance of Psychological Safety by Amy Edmondson 3:10 Min https://youtu.be/eP6guvRt0U0



Creating Psychological Safety at Work in a Knowledge Economy by Amy Edmondson 3:13 Min https://youtu.be/KUo1QwVcCv0

Culture Design Canvas

CULTURE DESIGN CANVAS

Design a workplace culture that propels you into the future. Team name: Date: **DECISION-MAKING RITUALS** PRIORITIES How do we celebrate our people, culture, and work? How is authority distributed? What methods do we use to make decisions? Select the top three cultural priorites using even over statements **PURPOSE MEETINGS FEEDBACK** How do we convene and collaborate? VALUES **NORMS & RULES PSYCHOLOGICAL SAFETY BEHAVIORS** How do we clarify expected behaviors without hindering autonomy? How do we encourage everyone to speak up? How do we promote participation and candor? What behaviors do we reward? This work is licensed under the Creative Commons Attribution-Share Alike 4.0. To view a copy of this license, visit: http://creativecommons.org/licenses/by-sa/4.0/ CC (1) Obsigned by Gustavo Razzetti FearlessCulture

Original-Download "Culture Design Canvas" https://liberationist-changeleadership.ck.page/b82be2c3e3

www.fearlessculture.design

GROW

What is your **G**oal? How is your **R**eality? What are the **O**bstacles as well as your **O**bjectives? What do you want to achieve and should be your **W**ay Forward?

Goal	Current Reality
Options	Will / Way Forward



For years, "complexity" has been one of the

For years, "complexity" has been one of the most searched and studied words in the business context. But what exactly is behind this big word and how should we confront complexity in order to achieve solutions, progress and, above all, clarity? We believe, through agile tools and effective frameworks for an agile mindset!

Let's substitute the original Complexity into Clarity. The following impulses and inputs will support you!

The CYNEFIN Framework

according to Dave Snowden

Cynefin is the Welsh word for "place". What is meant is a place of multiple affiliations. This framework is used to describe systems and problems. It makes it clear that the successful problem-solving strategies of one type of system are less helpful for another type of system.

complex

try - recognize - react

Emergent Practice

complicated

recognize - analyze - react

Good Practice

Disorder

chaotic

act - recognize - react

Novel Practice

simple

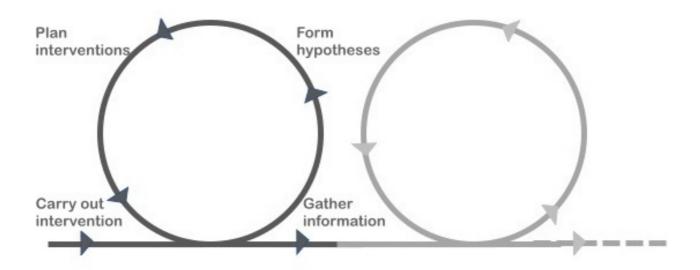
recognize - categorize - react

Best Practice



The Cynefin Framework
By Dave Snowden
8:37 Min
https://youtu.b/N7oz366X0-8

The Systemic Loop as a Navigation Aid



Source (in German): Königswieser u. Exner: Systemische Intervention: Architekturen und Designs für Berater und Veränderungsmanager. Klett-Cotta, 1994. S. 24 1998, S. 24

Each loop consists of four separate steps: Observe, gather information, gather hypotheses.

The loop mataphor makes it clear that the systemic consulting process is not very linear. Instead, the systemic approach attempts to regularly adjust circumstances and situations of a system under observation. Loops are continuously made and thus the path to the goal can take different turns, stopping points, directions, or even turns.

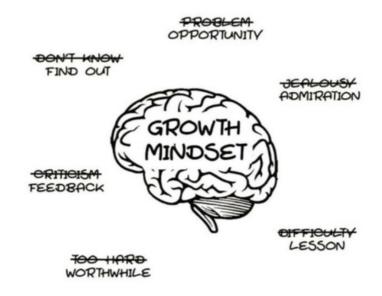
The process consists of four steps:

- gather information (by observing the behavior, the communication triggered by any intervention)
- 2. form hypotheses (based on what is observed and responses)
- 3. plan interventions (derived from the hypotheses)
- 4. implement intervention and move on to the next loop

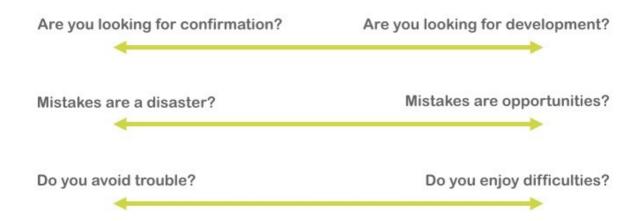
Growth Mindset

according to Carol Dweck

Our mindset - meaning our individual attitude, mindset or way of thinking - acts as a kind of filter through which everything we perceive in our environment is interpreted. It is the result of our previous experiences and determines our thoughts, feelings and actions. Carol Dweck distinguishes between a Growth and a Fixed Mindset. Basically, there is the possibility, e.g. through training, to come into an open and learning attitude in the sense of a Growth Mindset.



With a growth mindset, you are convinced that you can develop and improve in any area if you put in enough effort. You have a dynamic self-image and are open to further development. You are agile and flexible and see mistakes as opportunities to learn. You experience less stress on the job and more success in any situation than someone with a Fixed Mindset. Such people believe that whether you can do something or not depends on talent and have less confidence in their resources and potential. They are more likely to experience mistakes as threats or personal failures. A small assessment aid:







Teaching a Growth Mindset Carol Dweck 14:29 Min https://youtu.be/isHM1rEd3GE

The Concept of Role Organization

In the system of role organization, three aspects contribute significantly to the success of the company:

- 1. the attitude of all acting persons is characterized by a high degree of self-responsibility and the willingness to assume concrete role descriptions. This in turn leads to higher performance and
- **2.** there is a consistent focus on the customer and on the best possible perception of performance from the customer's point of view both internally and externally.
- **3.** employees are best suited to their respective roles and the associated tasks through their competence and the use and development of their potential.

This results in an optimal interaction of requirements and fit on the basis of concrete role descriptions. This in turn leads to higher performance and improved willingness to perform for the individuals in an organization. It allows the connection of a person's potentials, abilities, motives and values. This approach links the organization of people with psychology.

The role organization is based on the premise that role clarity is the basis for higher professionalism. Control within the role organization is based on the core principle of assuming clarified responsibility. It pursues the goal of overcoming interfaces in the course of the process, defining clear tasks and competencies, and as a result leads to less wrangling over competencies and conflict potential.

Characteristics of a role organization are a high degree of orientation, transparency, clarity and meaningfulness. It achieves its effect through clear communication, standardization, discipline, time savings, measurability and high motivation.

Role Description Template

Designation of the role:	
Basic understanding of the role:	
Responsibility:	Main Tasks:
Authorizations (needed for fulfillment of role responsibility/accountability):	
Interfaces:	
Core competencies:	
Affiliation:	
Staffing:	

Perspective & questions for creating a Role Description (RD)

The basic perspective for formulating a RD is the perspective of the customer or stakeholder. The aim is to know and meet their expectations as well as possible and to do everything possible to achieve a concrete result in accordance with the responsibility assumed. The ideal approach is to think from the desired/expected result in order to derive answers from it. Outcome includes both qualitative and quantitative aspects.

In order to be able to fulfill the assumed responsibility as role owner, the framework conditions must be ensured on two levels. Firstly, on the organizational (processes, structures, interfaces, authority), secondly on the personal (core competencies, experience, potential). RD can be dynamic. For this reason, it is always necessary to look at how the necessary framework conditions can be adapted.

These questions will help when creating a RD:

Aspect	Questions
Basic understanding of the role	 What is this role about? What specifically does this role do and for whom is it significant? How and through what does this role contribute to a particular outcome?
Responsibility/Accountability	What do I stand for?Who rely on what?What do I get accountable for?
Main tasks	- What are the main tasks to be completed in order to fulfill the role and the responsibility assumed?
Authorizations	 Where do I need influence on? What permissions/authorizations/decision-making power do I need? What do I have to be allowed to?
Interfaces (interconnection points)	 Who do I work with? To whom do I report? Who and what need to be taken into account when collaborating with the respective parties involved (stakeholders)?
Core competencies	What qualifies me for this role?Which competencies are crucial for success in this role?What do I need to be particularly good at for this role?
Affiliation	- To whom do I report? - Where does disciplinary responsibility lie?

Example of a Role Description "Project Manager"

Name of the role, e.g. "Project Manager"

Basic understanding of the role

Brief description of what the content of the role is,e.g., "The project manager manages projects with overall responsibility to achieve project goals."

Main tasks (example):

- Clarification of mission
- Project planning and resource management
- project control
- project closure
- project review

Responsibility (example)

- Ensuring that a project is not started without a clarified mission
- Adherence to project standards
- Achieving the project goals
- Clarifying conflicts within the project team

Authorizations (example):

- Use of approved resources (employees, budget, work equipment, time)
- Hierarchy-independent integration of participants

Interfaces

Naming of the most important internal and external other roles, customers, etc., with whom the role holder works and interconnects.

Affiliation

Indication of the role or body to which the role holder reports, e.g. "steering committee" in the case of the project manager.

Core competencies (example)

- Distinct goal and result orientation
- Structured thinking and acting
- Motivation of others without disciplinary authority (Lateral Leadership)
- Assertiveness and perseverance
- Ability to distinguish between the essential and the unessential

Cast

Name(s) of person(s) who is/ who are role holder(s).

Participant Analysis / Stakeholder Analysis

Stakeholder Analysis is an instrument that can be used to examine and evaluate the interests, interactions and influence of key players on a specific process (e.g., a change process). It is also frequently applied to (change) projects.

In a first step, the key actors (stakeholders) are identified.
Stakeholders are actively involved actors as well as secondary stakeholders who may be affected by a process/project. This makes it possible to include aspects that may have been neglected at the time of project planning and that are important for the success of the work.

When developing the matrix, the reproduction of stereotypes should be avoided.

The larger and more heterogeneous the group applying the tool, the more different views about the actors and their role(s) may emerge. Together, some important criteria are now defined, according to which these stakeholders are analyzed in a second step. This should be visualized - e.g. in the form of a table or matrix. The following criteria have proven particularly useful:

- specific interest of the actor in the process / project
- expected contributions of this actor
- expected resistance of this actor
- relative power and influence of this actor

The last step analyzes and evaluates how this actor can influence the success of the process/project and how he/she should be involved.

specific interest of the actor in the process / project	
Inputs to be expected	
from this actor	
expected resistance	
of this actor	
relative power and	
influence of this actor	
other important	
aspects for the	
common success	

Expectations Matrix

The expectations matrix is an instrument for analyzing and improving cooperative relationships. It focuses strongly on content aspects and captures the various expectations that different organizations or organizational units have towards each other. Either in terms of the tasks to be performed (e.g., what they think the others each do or should do) or in terms of their respective roles.

The expectations matrix can also be used for replanning collaborations, for example in the context of decentralization, where, e.g., newly formed local authorities have to agree with other actors on who should take on which tasks in the future.

Other contexts of use include team development or the use of the matrix individually for oneself in the context of personal mission clarification with superiors, client systems, program partners, etc.

An example of application:

The group discusses with each other and then enters in the corresponding column what, from their point of view, are their own tasks and those of the others, so that the matrix shown is created.

The evaluation is done diagonally and horizontally.

Diagonally: Are there duplicates, e.g. do two or more cooperation partners perform the same tasks? Is this intentional? Does it make sense?

Horizontal: Is what cooperation partner A does congruent with what the others expect?

Do we all know what is expected from us or is anything new to us? Can we accept expectations that we do not currently fulfill and imagine taking on these tasks in the future?

This is followed by a joint evaluation.

Analysis of Current Expectations

	What does the organization (department, person) expect				
from	Α	В	С	D	E
Α					
В					
С					
D					
Е					

Retrospective

This agile evaluation method is used to retrospect a common task such as sprints. It starts with the emotions, because humans can best remember events in connection with feelings. Using sticky notes and put them into the columns. As an example:

How do you rate this module on Complexity?

MAD

- That frustrated me
- That did not work out so well
- That annoyed me
- That was a waste of time

GLAD

- · That went well
- What I have learned ...
- Great idea!
- I would like to thank someone

SAD

- · That disappointed me
- That we can improve







GROW

What is your **G**oal? How is your **R**eality? What are the **O**bstacles as well as your **O**bjectives? What do you want to achieve and should be your **W**ay Forward?

Goal	Current Reality
Options	Will / Way Forward



The "A" in VUCA stands for ambiguity. It is about the ability to put one-dimensional thinking strategies to rest and replace them with explorative approaches. We are convinced that more than ever it is time to replace "either or" thinking with "as well as" solutions.

Let's substitute the original Ambiguity into Adaptability and Agility. The following impulses and inputs will support you!

The Agile Onion

Agile work requires more than tools or a specific framework. The so-called "agile onion" shows how multi-layered agile working is and what it requires.



Start with the outer onion layer - the mindset - and work your way to the core, the tools and processes.

Consider:

What is your mindset, the mindset of your team and your organization?

How does it shape what you do/your team does?

What are the values of you, your team and your organization?

What do you/your team orient at?

Which working principles guide you and your team?

Which implicit and explicit rules guide your/the team´s actions?

What practices do you and your team use?

What team rules have do you have agreed upon?

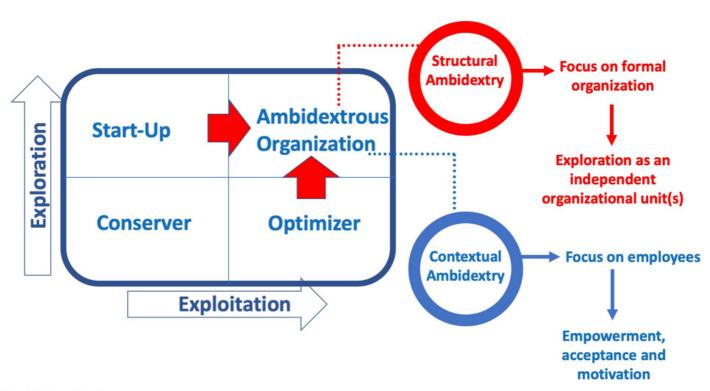
What tools do you use/the team uses?

What do your decision-making and communication processes look like?

The Art of Ambidexterity

Organizations always find themselves in areas of tension between exploiting existing business models or products (exploitation) and searching for and implementing new solutions and innovations (exploration). In the area of tension between tradition and innovation, tensions arise that can be resolved with ambidexterity using the principle of both.

Organizational Ambidexterity



Idea: strategie-spektren.de

GROW

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Your VUCA Expert Waltraud Glaeser



What does VUCA mean for me?

My belief and experience is that people are able to find direction and suitable solutions under the most difficult conditions. Sometimes they grow beyond themselves. It is therefore more surprising that these skills and potentials seem to be stuck somewhere at a company gate – at least if you listen to the complaints of some managers.

I am firmly convinced that people are able to do a great job and dedicate their interest and motivation to common goals if they can rely on collaborative frameworks and on trust that allows them to take responsibility. These are essential success factors in order to maintain orientation and to navigate successfully in a VUCA world.

The VUCA world platform and its portfolio want to support organizations and their stakeholders to develop and deploy self-organizational capabilities and strengthen the required skills and resources especially in these dynamic times influenced by volatility, uncertainty, complexity and ambiguity to increase individual and organizational VUCA fitness.

Waltraud Glaeser
Luckily it's only VUCA!



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